

First Aid Helper

1. Demonstrate how to treat an abrasion or a cut, and describe the dangers of a dirty dressing.
2. Describe how to care for a nosebleed.
3. Identify and make a display of different types of bandages. Know when and demonstrate how to use them.
4. Make a simple first aid kit and learn uses of included items.
5. Visit a hospital emergency department and learn about the emergencies they handle or have an EMT come and talk to your club about the emergencies he or she handles.
6. Describe and draw the first aid symbol.
7. Give an example of first aid in the Bible.



Helps

1. A dirty dressing can cause infection. Clean a cut or abrasion with running water and cover with a clean bandage.
2. Sit down, lean forward, and apply pressure on the side that is bleeding. Apply a cold compress to nose and face.
3. Triangular bandage, adhesive-strip dressing, figure of eight, fingertip, spiral, and circular bandages are good ones to teach children how to make. Practice applying these bandages.
4. Even a simple kit needs the following items: adhesive compress bandage compress, 2 × 2 in plain gauze pads, gauze roller bandage, triangular bandages, needle, scissors, tweezers, thermometer, disinfectant, calamine lotion, insect repellent, and an ACE bandage.
5. Plan to visit a hospital or fire station or have a community worker come to talk with your group about the different emergencies he/she handles as part of his/her job.
7. Bring clean sheets and bandages and let the children “treat” the different problems with simple care.
9. See Matthew 26:51.