## **Family Helper**

- **1.** Read and discuss the following Bible verses:
  - **a.** Philippians 2:14
  - **b.** John 15:12
  - **c.** Psalm 118:7
  - **d.** Galatians 6:9
- **2.** Who is a family helper?
- **3.** Discuss things I can do to be a helper.
- **4.** Keep a log for 3 weeks listing how you have been a helper.
  - **a.** Each week, discuss with your mentor the progress you have made that week.
  - **b.** Discuss the ways you have helped and which was your favorite.
  - **c.** Discuss what ways you could have helped differently.
- **5.** Make a thank you card/note for your parent/guardian thanking them for everything they do for you.

